

SUPERFOOD Smoothies

HALF GALLON: 64-0Z.

FULL GALLON: 128-0Z.



**View our menu
with PHOTOS at:**
Heartbeethealthy.com



CELESTIAL SEA HALF GALLON - \$33 / GALLON \$60

A hearty superfood smoothie made with young Thai coconut meat, coconut water, dates, cacao powder, almond butter, Vitamineral Green, and mint extract.

COCONUTTY HALF GALLON - \$32 / GALLON \$60

Young Thai coconut meat and water, cashews, dates, and pink Himalayan crystal salt.

COOKIE MONSTER HALF GALLON - \$35 / GALLON \$68

Fresh young coconut meat, coconut water, dates, cacao nibs, cashews, coconut butter, vanilla extract, E3 Live Blue Majik, and pink salt.

COOL MINT HALF GALLON - \$33 / GALLON \$60

Like mint-chip ice cream, but with no nonsense ingredients. Signature almond-oat milk, dates, cashews, cacao nibs, raw agave, peppermint, and Vitamineral Green.

NOURISH HALF GALLON - \$32 / GALLON \$60

The perfect green machine made with housemade almond-oat milk, avocado, kale, spinach, celery, strawberries, banana, and dates.

OH MY WONKA HALF GALLON - \$32 / GALLON \$60

A chocolate shake made with house-made signature almond-oat milk, dates, cashews, cacao, raw agave, and peppermint.

PB-&-J HALF GALLON - \$32 / GALLON \$60

Peanut butter, strawberries, blueberries, bananas, and agave blended with housemade almond-oat milk.

PEANUT BUTTER CUP HALF GALLON - \$33 / GALLON \$60

Forget your obsession with Reeses now that there's a healthier alternative. Peanut buttery chocolate goodness made with house-made signature almond-oat milk, peanut butter, raw chocolate, dates, cashews, and raw agave.

RAPTURE HALF GALLON - \$32 / GALLON \$60

An infusion of antioxidants: açai, pineapple, ginger, blueberries, agave, and coconut water.

REVIVE HALF GALLON - \$32 / GALLON \$60

The base of our Refresh green juice (cucumber, celery, kale, and spinach) blended with avocado, parsley, lemon, jalapeño, and pink Himalayan crystal salt. Savory and delightful.

STRAWBERRY CREAMSICLE HALF GALLON - \$30 / GALLON \$58

Our signature Almond Milk blended with strawberries, coconut butter, agave, and ice.

FRESH JUICE

ALIVE HALF GALLON \$26 / GALLON \$50
Apples, carrot, spinach, and parsley.

GLOW HALF GALLON \$30 / GALLON \$58
Apple, purple cabbage, jalapeño, red bell pepper, celery, lemon, and parsley.

NORTHERN LIGHT
HALF GALLON \$30 / GALLON \$58
Apple, basil, lime, cilantro, celery, and ginger.

MAGENTA LOVE
HALF GALLON \$28 / GALLON \$54
Apple, cucumber, beet, and ginger.

LONGEVITY
HALF GALLON \$28 / GALLON \$54
Carrot, beet, apple, and cucumber.

REFRESH
HALF GALLON \$28 / GALLON \$54
Cucumber, celery, kale, and spinach.

iced DRINKS

BERRY BASIL LIMEADE
HALF GALLON \$16 / GALLON \$30
Strawberries, blueberries, basil, ginger, lime, raw agave, and alkaline water.

FRESH COCONUT WATER
HALF GALLON \$25 / GALLON \$50
Nature's true symmetry. High in B vitamins, calcium and electrolytes. Fresh young Thai coconuts hacked in-house! .

GINGER LEMONADE
HALF GALLON \$14 / GALLON \$28
A thirst-quenching beverage made with cold-pressed lemon juice, organic raw agave, and ginger.

ICED CHAI
HALF GALLON \$18 / GALLON \$32
Morning glory chai and housemade almond milk. Choose from black, green, or herbal.

ELIXIR SHOTS

2-OZ. SERVINGS

BEET JUICE SHOT \$3
Beetroot is packed with nitrates that help widen and relax blood vessels. Beets also improve athletic performance and helps lower high blood pressure. Added lemon.

E3 LIVE WITH APPLE & LEMON \$6
A wild-harvested aqua-botanical (blue-green algae) considered to be nature's most beneficial superfood. Extremely high in chlorophyll; great for your blood.

GINGER SHOT \$3
Potent ginger juice made fresh! Supports healthy digestion and immunity; a nutritional gem for your body temple. Especially great for anti-inflammatory diets.

SNAKE BITE \$3
Cold-pressed lemon juice, parsley, ginger, and a touch of apple — sprinkled with cayenne pepper.

SAVORY SALADS

HALF: SERVES 4-5 PEOPLE
FULL: SERVES 8-10 PEOPLE

AVO-BERRY KALESRAW \$40 half / \$75 full

Marinated kale, cabbage, carrots, strawberries, apple, lime, scallions, diced avocado, cashews, and ginger-miso dressing.

HUNGRY-NO-MORE \$40 half / \$75 full

Mixed lettuces, spinach, and basil tossed in lemon tahini dressing. Topped with tomatoes, mushrooms, cucumbers, marinated kale, nutritional yeast, and Tuscan herb salt.

JOYFUL BOWL \$45 half / \$80 full

Marinated kale, raw teriyaki-flavored sea kelp noodles, and cabbage tossed in our ginger-miso dressing. Topped with fresh avocado, red bell pepper, scallions, and black sesame seeds.

JUGGERNAUT \$40 half / \$75 full

Mixed lettuces, marinated kale, marinated mushrooms, zucchini, avocado, cabbage, walnut crumble, and lemon tahini dressing served atop red rice and quinoa. Served with a side of sesame ginger sauce.

MARINATED KALE SALAD \$45 half / \$80 full

Marinated kale tossed with carrots, cucumbers, and Thai chili lemongrass dressing. Topped with kale chips, coconut maple chips, and walnuts.

MIGHTY THAI SALAD \$32 half / \$60 full

Shredded purple and green cabbage, carrots, basil, dates, cashews, and Mighty Thai sauce.

WARM GRAIN BOWLS

HALF: SERVES 4-5 PEOPLE
FULL: SERVES 8-10 PEOPLE

AWAKEN \$45 half / \$90 full

Steamed red rice and quinoa, cucumber, zucchini, carrot, avocado, marinated mushrooms, marinated kale, toasted nori, scallions, black sesame seeds, red bell pepper, and sesame-ginger sauce.

BUDDHA BOWL® \$50 half / \$95 full

Steamed red rice and quinoa, sesame ginger sauce, garlic cilantro god sauce, fresh cucumbers, marinated kale, walnut crumble, onion cashew cream, marinated mushrooms, and topped with kale chips.

SAVORY BREAKFAST BOWL \$45 half / \$90 full

Quinoa, fresh tomatoes, basil, avocado, arugula, lemon juice, hemp hearts, herb salt, olive oil, and sesame ginger sauce.

THAI BOWL \$10 / \$12 \$50 half / \$95 full

Steamed red rice and quinoa, cucumber, zucchini, carrot, lime juice, mighty Thai sauce, Thai chili lemongrass dressing, coconut maple chips, scallions, basil, and cilantro garnish.

PURE PIES

CHOCOLATE MOUSSE TORTE \$65

For the chocolate purists out there! This is a decadent, rich and silky smooth indulgence that also supports a robust metabolism. Indulge in your chocolate fix while energizing your body in a clean, beautiful way!

Complete Ingredients List: almonds, cacao, cashews, coconut, dates, maple syrup, sunflower lecithin, vanilla extract, pink salt.

DARK CHOCOLATE SALTED CARAMEL \$70

We have you covered with our signature ingredients and extra cacao to satisfy that salted caramel-chocolate craving. Not only does it taste as good as it sounds, it's full of wholesome ingredients to reduce inflammation and improve circulation too!

Complete Ingredients List: almonds, cacao, coconut, dates, maple syrup, sunflower lecithin, vanilla extract, pink salt.

KEY LIME ECLIPSE \$65

Stay young at heart, literally, with this delicious heart-healthy pie. We won't tell you that the green color comes from avocado and fresh organic spinach juice. Oops, we just did!

Complete Ingredients List: avocado, coconut, dates, lime, macadamia nuts, spinach, agave, soy lecithin, vanilla extract, pink salt.

TIRAMISU MAGIC \$75

Adored for its triple layer, multi-dimensional amazingness! Each bite is an adventure! Taste the magic in this spin on a traditional Italian classic with amino acid and antioxidant benefits. One of our most popular pies, hands down!

Complete Ingredients List: almonds, cacao, cashews, coconut, coffee, dates, maple syrup, sunflower lecithin, vanilla extract, pink salt.

MINI DESSERTS

PLATTERS CONTAIN 30 ITEMS - PRICE \$75 **ALL PLATTERS ARE "VARIETY" PLATTERS**

RAW CHOCOLATE TRUFFLES

For a mini-chocolate fix, try one of our rich, raw chocolate truffles. All truffles contain coconut oil, cacao, agave, and pink salt. Several flavor options to choose from: original, almond, goji, marble halvah, nibby mint, espresso, and salted caramel.

CHOCOLATE TRUFFLE-DIPPED MACAROONS

Vanilla or chocolate raw macaroons dehydrated to perfection and made with real coconut butter, shredded coconut, vanilla, cacao, agave, and pink salt. Then, we top them with our chocolate truffle mix.